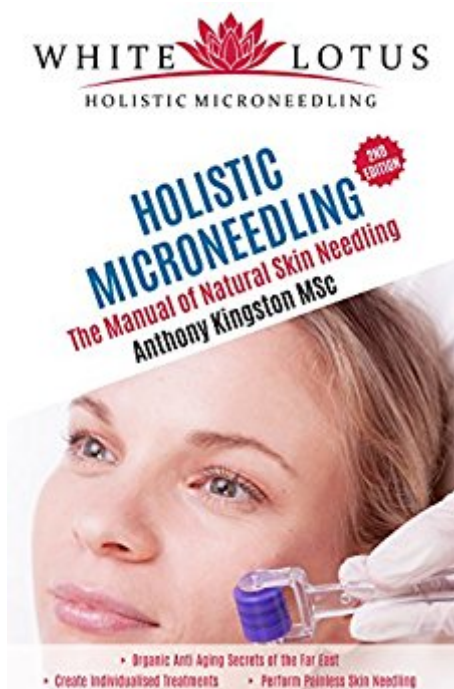


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# Holistic Microneedling: The Manual Of Natural Skin Needling



## Synopsis

Whether you are an experienced clinic owner or a home user who wants to improve results and avoid risks, this book will introduce you to a totally new and innovative way to perform Microneedling which has taken the cosmetic world by storm. Microneedling has the amazing ability to induct the body's own collagen in vast quantities and dramatically increase product absorption which has made it a main stay in the high end cosmetic clinics across the globe. By drawing on the ancient skin needling traditions of the far-east Anthony shows us how to perform Microneedling in a less invasive way and achieve results above and beyond what more aggressive treatments can promise. Anthony is uniquely placed to write this book having studied cosmetic skin needling throughout Asia before founding the first specialist skin needling clinic in the Southern Hemisphere. He has repeatedly demonstrated his techniques on National Television and now teaches his techniques throughout the world 176 pages 2nd Edition 2015

## Book Information

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## Customer Reviews

Fantastic book. It's a very helpful book for microneedling. This book contains a new way of doing microneedling. Microneedling has taken the cosmetic world by storm. You know what in the last decade several hundred thousand microneedling treatments have been performed in the western world. Interestingly in an industry often driven by hype and marketing, it is the results that microneedling can produce that are really setting it apart. The cosmetic industry has long focused on the induction, or application of collagen to the skin to achieve impressive results. To achieve these results the skin has been chemically peeled, burnt, cut, injected and scraped to name but a few. The advent of microneedling has allowed clinicians to induce large quantities of the body's own natural collagen. This book is not meant to be a substitute for proper instruction in the use of microneedling which should be carried out by a suitably qualified practitioner. So you can use this book for your own beneficial. I strongly recommend this book for everyone.

"Holistic Microneedling: The Manual of Natural Skin Needling" by Anthony Kingston is a well crafted book that is a wealth of information on the subject of Microneedling. This is the perfect book for anyone who is looking to learn how and why Microneedling works for skin rejuvenation. I really appreciated how the author gives scientific background on Microneedling and shows the reader the best techniques to achieve the maximum results. This book is a very complete and everything you need to know about Microneedling is contained within the pages of "Holistic Microneedling: The Manual of Natural Skin Needling". The author has written this book using simple and straightforward language to explain how natural skin needling works. Also, the reader doesn't have to have any prior knowledge about the Microneedling to understand this book. I had no prior knowledge about Microneedling before reading this book and now I know how natural skin needling works, the history of natural skin needling and the top techniques to get the best results. Another feature of this book that I liked was all the pictures which really helped me see what it looks like when Microneedling is done properly and the benefits from the treatment. There is so much information in this book that I'm reading it a second time to pick up things that I missed during my first read. I highly recommend "Holistic Microneedling: The Manual of Natural Skin Needling" by Anthony Kingston to anyone wanting to more about learn more about natural skin needling.

I actually do this. For the price of this book, a derma roller, and time spent using YouTube tutorials I

could have taken myself out to dinner and movie ... once. This makes scientific sense and after having done in three months in a row now I can see a subtle difference. My skin is firmer.

This book is AMAZING! It is so holistic and naturally based. If you are at all interested in micro-needling this is the ONLY book you should consider. It is a really easy read and I learned a lot from it. I am so excited to integrate some of these techniques into my life. I purchased this product at a discounted rate in exchange for my honest review. All of my reviews are always my honest personal opinion, and the discount I receive does not affect my review in any way. I am not affiliated with any seller. I will only purchase items at a discount if I, or my family is interested in using it.

Enjoyed the book. This book is an excellent primer to provide a base of knowledge before further reading. I would advise anyone to read as much as they can before Dermaneedling. While it is not a complicated process, I think it is important to know what you are doing to your skin and why. I think it is important to understand the optimal amount of self induced injury. It is also important to determine frequency of needling for the most desirable effect. This book will work to advance your knowledge in these areas.

I was going to return this because I found one that I thought had same information. As I started looking this is a great book I love the details in why you need to do it how you do it. I can't really explain but this book really can LOVE IT I plan to take some one the courses in the back

Very detailed introduction to how and why use a derma roller. I liked that it considered whether or not some products were sensible to use at a times when the skins barrier is impaired. Uses a good range of studies to support recommendations on needle length, diameter, rolling technique, frequency, and what to apply before and after rolling. Got all the info I was after.

I got this free download because I wanted to read and find out what this holistic needling was all about. I will definitely recommend this book to any clinical/cosmetic personnel who is into holistic micro needling. The book present different techniques that can be used to get you the results you are looking for. This is a great place to start with easy to read simple instructions.

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